



Mental Health Professionals Network

Network Participant Questionnaire

Your preferences as indicated on this questionnaire will be used to guide the coordination of our ongoing network meetings.

1. Preferred meeting day

- Any Monday Tuesday Wednesday Thursday Friday

2. Preferred meeting time

- Morning Daytime Evening

3. How regularly do you wish to meet as a network group?

- Every 6 weeks
 Bi-monthly
 Quarterly
 Other

4. Are you happy for us to open ourselves as a network group so that MHPN can make contact with participants from other local groups and invite them to join us?

- Yes
 No

5. Where would you prefer to meet?

- I work at a practice that has space which can accommodate number of people
 Hire a room at a public space ie library, hospital, community hall, church. Please detail any recommended venues
- Room of a local hospital e.g.
 Room in a Community Health Centre e.g.
 Room at the local Division of General Practice
 A restaurant / coffee shop e.g.
 A 'private room' in a restaurant (this may mean covering own dinner costs) e.g.

6. Your preferred content of the network meetings:

- Guest speakers (see below for possible speakers)
- Case presentation (by members or a guest Speaker)
- Hypothetical case study (provided by MHPN)
- Discussion topic e.g. mental health and ageing - discuss cases, dilemmas, local services etc.
- Networking (getting to know other local practitioners)
- Combination of the above
- Other (please suggest ideas).....

5. Guest Speaker Preferences

Potential Guest Speakers:

- Speakers from the key professions involved in mental health care including:
- The Royal Australian College of General Practitioners
- The Royal Australian and New Zealand College of Psychiatrists
- Australian Psychological Society
- Australian College of Mental Health Nurses
- Australian Association of Social Workers
- Occupational Therapy Australia
- Royal Australasian College of Physicians (Paediatricians)
- Other (please suggest an individual or organization that you would like to hear from:
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Or Select a Focused Psychological Strategies (FPS) theme:

- Psychoeducation
- Interpersonal Therapy
- Cognitive Behavior Therapy including:
- Behavioral and cognitive interventions
- Relaxation strategies
- Skills training
- Problem-solving skills training

Or a Specialist Group:

- Aboriginal and Torres Strait Islander specialist services / practitioners
- Culturally and linguistically diverse groups including bilingual practitioners

- Dual Disability (mental illness and coexisting intellectual disability) clinicians and specialists
- Dual Diagnosis (mental illness and coexisting drug and alcohol dependency) clinicians and specialists
- Public Mental Health Clinic – Manager/Psychiatrist/Nurse or Allied Health Case Manager
- Medicare FAQ speaker relating to Better Access (www.health.gov.au/mbsonline)

Potential Discussion topics

- Aged Psychiatry
- Child and Adolescent Mental Health
- Perinatal Mental Health
- Post Partum Mental Health
- Dual Diagnosis
- Dual Disability (including Intellectual Disability)
- Exploring local landscape issues
- Mood Disorders
- Better Access
- Medicare topic
- Case support
- Building a local resource guide/directory
- Workforce issues
- Transcultural mental health including Indigenous
- Strengthening the interface between private and public professionals
- Other suggestions.....
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