Eastern Sydney NSW Network

Mental Health Professionals Network

The Mental Health Professionals Network supports mental health clinicians in establishing interdisciplinary networks that address collaborative practice in primary mental health care. MHPN welcomes new members.

Name:	Eastern Sydney	**Suburb/Location:**	Eastern Sydney

Network Focus/ Purpose: The purpose of this group is networking, collaboration, case study discussion, guest speaker presentations and attracting continuing professional development points.

Network Description: The Eastern Sydney MHPN network is an open network, coordinated by local psychologists, Genevieve Moore and Belinda Jones. The interdisciplinary group of members meets bi-monthly, with an average of around 20 members attending each meeting. There is a membership of 233 people in this group, with a mix of private, public and community organisations.

Network Meetings Schedule: Meets bi-monthly.

Previous Meetings:

2010
Presenter: Prof Maxwell Bennett, AO, Professor of Neuroscience, University Chair, University of Sydney, Director of the Brain & Mind Reasearch Institute, University of Sydney.
Topic: Virginia Woolfe, child sexual abuse & chemical changes in the brain.

2011
Business meeting, planning, CPD requirements & questionnaires feedback, case studies.

Presenter: Matthew Johnstone Creative Director of the Black Dog Institute.
Topic: 'Mood Disorders & Resilience.'

Presenter: Psychiatrist, Professor Perminder Sachdev, Professor of Neuropsychiatry, School of Psychiatry, University of NSW, Director of Neuropsychiatry Institute, Prince of Wales Hospital.
Topic: 'Brain Stimulation.'

Case study 1: Alex Sevitt, Psychologist
Topic: 'Alice in Wonderland Syndrome.'

Case Study 2: Susan Jarnason, mental health nurse.
Topic: 'Depression & Consequences.'

Case Study 3: Robert Pryde, psychologist,
Topic: 'Depression'

Presenter: Robert Pryde, psychologist.
Topic: 'Preparing for DSM V.' DSM V, which will be published in May 2013 represents a significant departure from DSM IV TR diagnostic criteria for some diagnoses such as personality disorders, bipolar disorders and trauma disorders.
Robert Pryde has been closely monitoring the development of the DSM V for several years and will help us prepare by discussing some of the proposed changes and the potential implications for practice.

Facilitator: Belinda Jones, psychologist.
Case study: 'Childhood Anxiety: Case studies which illustrate different methods of intervention.'

Presenter: Dr. Peter McGeorge, Director St Vincent's Alcohol, Drug & Mental Health Program.
Topic: Planning of private adolescent unit at St Vincent’s Hospital for ages 16-30.

2012
Each attendee had the opportunity to present their own case studies and discuss with their peers to obtain obtimum CPD points.

Presenter: Dr Elizabeth Scott, clinical psychiatrist from the Brain & Mind Research Institute, Director of The Clinical Centre, consultant psychiatrist for the adolescent unit
Topic: Early psychosis interventions for the opening of the new adolescent unit.

Dr Ramesh Manocha PhD, medical practitioner, Meditation Research Program coordinator at the Discipline of Psychiatry, Sydney Medical School, University of Sydney.
Founded Generation Next, a national educational program for professionals & parents on the mental health crisis facing youth.
Topic: Meditation & mental silence.

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