Elwood/St Kilda VIC Network

Mental Health Professionals Network

The Mental Health Professionals Network supports mental health clinicians in establishing interdisciplinary networks that address collaborative practice in primary mental health care. MHPN welcomes new members.

Name:	Elwood/St Kilda	**Suburb/Location:**	St Kilda

Network Focus/ Purpose: Meetings specifically focus on dual diagnosis of mental health and substanceabuse. The purpose is to increase member awareness of local referral options and client support programs and to provide members strategies for practice with dual diagnosis issues.

Network Description: Network meetings are held at Southcity Clinic in Elwood. The network draws together clinicians with an interest in dual diagnosis of mental health and substance abuse issues from the local Elwood, St Kilda and surrounding areas. It includes psychiatrists, GPs, mental health nurses, psychologists, and social workers. The networks engages clinicians from outside the membership to guest present and facilitate collaborative discussions at meetings, on topics of interest regarding dual diagnosis and practice issues common among the network membership itself. The network is open to new members.

Network Meetings Schedule: The Elwood/St Kilda network meets at least four times a year, on Thursday evenings. Each date is confirmed at the meeting prior.

Previous Meetings: Dr Samir Ibrahim, senior consultant psychiatrist.
Topic: Current understanding and management of ‘mood disorder'.

Dr Gregor Schutz, consultant psychiatrist at the Alfred Hospital and Victoria Clinic.
Topic: Current understanding and management of bi-polar affective disorder in adults.

Dr Mahendra Perera, consultant psychiatrist from Albert Road Clinic.
Topic: presented on ADHD diagnosis and management in teenagers and adults.

Dr Trevor Corran, clinical psychologist.
Topic: Presentation of two cases, with discussions around strategies and best practice in management of complex patients as well as multidisciplinary approaches and referral pathways for chronic pain management.

Associate Professor Steven Ellen, psychiatrist.
Topic: Discussion on treatment options for moderate to severe depression.

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