



# Webinar Series Institutional Child Sexual Abuse

*Understanding complex trauma*

## The Panel



**Mr Craig Hughes-Cashmore**  
Survivor, NSW

Craig is a survivor of childhood sexual abuse and has had a long journey to recovery, seen countless counsellors and survived multiple suicide

attempts.

Craig's experiences of the criminal justice system in trials against two of his three perpetrators, compelled him to co-found Survivors & Mates Support Network (SAMSN), in 2010. As CEO, Craig and his team have developed SAMSN to be Australia's leading support organisation for male survivors of child sexual abuse and their families.

SAMSN is not affiliated with any religious organisation and employs psychologists and social workers to facilitate support groups for male survivors of child sexual abuse. SAMSN also delivers workshops for health professionals and service providers as well as workshops for the families of male survivors.

Craig is a member of the NSW Sexual Assault Expert Group, Survivor and Faith Group Child Safety Standing Committee (NSW Ombudsman) and is on the board of Knowmore Legal. He was a member of the Prime Minister's National Apology to Victims and Survivors of Institutional Child Sexual Abuse Reference Group and the Consultation Network for Adult Survivor Group Work (NSW Health Education Centre against Violence).

In 2017, Craig was a recipient of the prestigious Churchill Fellowship from The Winston Churchill Memorial Trust (Australia). Later this year Craig will travel to the USA, UK, Ireland and New Zealand to investigate best practice methods and support models to assist male survivors of child sexual abuse in Australia.



**Ms Julie Blyth**  
Counsellor and Clinical Advisor,  
NSW

Julie was the clinical advisor at the Royal Commission into Institutional Responses to Child Sexual Abuse, and over the past five years has lead a team who provided support and counselling to all who

engaged with the Commission.

Julie has a social work background and has worked extensively in counselling, training and consultancy in responding to the trauma of violence and abuse.



**Ms Yvona Nouzova**  
Counsellor, Psychotherapist,  
Trainer/Lecturer, Tas

Yvona is a senior clinician and counsellor at Sexual Assault Support Service (SASS) in Hobart. She has a mixed role as senior clinician, including working therapeutically with clients,

overseeing and supervising the counselling team and contributing to management.

Yvona's qualification include master degree in counselling. She has practiced as a counsellor and psychotherapist since 1994 and has worked in the mental health field with government, non-government services and in the private sector both in Australia and overseas. In her roles as trainer and lecturer, Yvona enjoyed working with clinicians and postgraduate students in Europe.

Yvona's clinical interest is in complex trauma therapy; her therapeutic approach can be described as eclectic - informed by the research, learning, clients and life experiences.

*Panelists' biographies continued over leaf ...*

*Panelists' biographies continued ...*



**Facilitator: Dr Lyn O'Grady**  
**Community Psychologist, Vic**

Lyn O'Grady is a community psychologist with a range of professional experience in the community, education and health sectors.

She has a particular interest in the mental health and wellbeing of children, young people and families. This interest has extended in recent times to understanding suicidality and completed the master of suicidology at Griffith University in 2018.

She has worked with parents in parenting programs, individually at the community level and in schools for over 20 years and managed a number of community-based projects. Lyn also worked as a school psychologist in the Western Metropolitan Region of Melbourne. She is also a registered supervisor of psychology Interns. At a more systemic level, she currently works as the National Project Manager at the Australian Psychological Society.