

## Management of BPD in Public, Primary and Private Mental Health Services Sectors

Monday 26 November 2018, 7:15 pm – 8:30 pm AEDT



**Professor Brin Grenyer**  
Psychologist, NSW

Brin Grenyer is a practicing clinical psychologist and senior professor of psychology at the University of Wollongong and Director of the [Project Air Strategy for Personality Disorders](#).

For nearly 10 years, he was Foundation Chair of the [Psychology Board of Australia](#) overseeing the registration and conduct of all psychologists in Australia.

He was a member of the National Health and Medical Research Council (NHMRC) Borderline Personality Disorder Guideline Development Committee, the Royal Australian and New Zealand College of Psychiatrists (RANZCP) Advisory Group for a Consumer Guide on Borderline Personality Disorder, the SANE Australia Advisory Committee for the National Mental Health Commission on the needs of Australians living with personality disorders, a content author on the Royal Australian College of General Practitioners' (RACGP) GP learning package "Borderline personality disorder: diagnosis and management in general practice," and a consultant for the Psychodynamic Diagnostic Manual (PDM-2).

Awarded over 40 grants totaling more than 18 million dollars in funding, Brin has also published over 150 journal articles, chapters, books and monographs, supervised over 25 PhD candidates to graduation, and his team have received numerous

international and national awards for their work in personality disorders and psychotherapy research. He is on the editorial boards of Psychotherapy Research and Personality and Mental Health, and is active in clinical practice and research through Northfields Psychology Clinic.



**Dr Gillian Singleton**  
GP, Vic

MBBS(Hons) FRACGP FARGP

Gillian is a general practitioner with 20 years' experience and is currently the medical director of the Cabrini Asylum Seeker and Refugee Health Hub in Melbourne.

She is currently completing a Masters of Public Health and has a longstanding interest in mental health, particularly borderline personality and post-traumatic stress disorders.

Gillian is passionate about quality provision of health care; she is a reviewer for the RACGP online learning platform GP Learning, an examiner for the RACGP, performance assessor for the Australian Health Practitioner Regulation Agency (AHPRA) and reviewer for the Australian Journal of General Practice. She has also been a member of various federal advisory groups to the Department of Immigration advocating for provision of quality care to individuals and families in detention both on and offshore.

She enjoys providing thorough, holistic care to patients of all age groups and believes that good health should be accessible to all and that every person has the right to be empowered with the knowledge and skills to make wellness a priority.



**Dr Paul Cammell**

Psychiatrist, Vic

MA MBBS (Hons) FRANZCP PhD

Paul Cammell is currently the chair of advanced psychotherapy training for the RANZCP, a senior

psychiatrist at the Royal Melbourne Hospital, an honorary fellow at the University of Melbourne and a psychotherapist in private practice.

In 2013 he was a visiting fellow at the Personality Disorders Institute, Weill-Cornell Medical College New York, under Professor Otto Kernberg. He has written numerous articles and a book - *Reinterpreting the Borderline*, about personality disorder, psychoanalytic theory and philosophy.



**Facilitator: Dr Lyn O'Grady**

Psychologist, Vic

Lyn is a community psychologist with a range of professional experience in the community, education and health sectors.

She is a registered supervisor of psychology interns. Her most recent work has related particularly to the mental health and wellbeing of children, young people and families. This interest has extended in recent times to understanding suicidality and she has completed her Masters of Suicidology at Griffith University.

Lyn has worked with parents in parenting programs, individually at the community level and in schools for over 20 years and managed a number of community-based projects.

Lyn also worked as a school psychologist in the western metropolitan region of Melbourne. At a systemic level, she currently works as the manager of strategic projects at the Australian Psychological Society.