

MHPN Webinar: Supporting families of people living with dementia



List of supporting resources

Websites:

Alzheimer's Australia: Advocates for the needs of people living with all types of dementia, and for their families and carers, and provides support services, education and information. Alzheimer's Australia also represents, at the national level, the interests of its federation of state and territory members on all matters relating to dementia and carer issues. <https://www.fightdementia.org.au/>

My Aged Care: Information on aged care homes, finding services, home help, respite, after-hospital care. <http://www.myagedcare.gov.au/>

Health Direct: A national, government-owned, not-for-profit organisation, helping Australians manage their health and wellbeing through a range of different information and advice services. <https://www.healthdirect.gov.au/dementia-help-and-support>

Dementia Care Australia: An independent dementia information and education organisation specialising in supporting both people with dementia and their carers. <https://www.dementiacareaustralia.com/>

Helplines:

Australian Capital Territory: helpline.act@alzheimers.org.au

New South Wales: helpline.nsw@alzheimers.org.au

Northern Territory: helpline.nt@alzheimers.org.au

Queensland: helpline.qld@alzheimers.org.au

ACT: helpline.act@alzheimers.org.au

South Australia: helpline.sa@alzheimers.org.au

Tasmania: helpline.tas@alzheimers.org.au

Victoria: helpline.vic@alzheimers.org.au

Western Australia: helpline.wa@alzheimers.org.au

Other: helpline.nat@alzheimers.org.au

Assessment tools:

Caregiver burden scale: A self-administered questionnaire assessing the "experience of burden", published in American Family Physician (www.aafp.org/afp), vol 65, No. 11, June 1, 2002. <http://www.ftlda.org/wp-content/uploads/2011/12/FTLDA-CARGIVER-BURDEN-SCALE.pdf>