

A Collaborative Approach to Supporting People with Coronary Heart Disease and Depression

Webinar date: 3 December 2013, starting at 6:45 AEDT

Supporting external resources

Heart Foundation Australia

The Heart Foundation saves lives and improves health through funding world-class cardiovascular research, guidelines for health professionals, informing the public and assisting people with cardiovascular disease.

- > [National Heart Foundation Screening Tool](#): A practical tool for screening patients with coronary heart disease for depression.
- > [National Heart Foundation Australia consensus statement on depression and coronary heart disease](#) (published in MJA in May 2013).

Heart Research Centre

The Heart Research Centre conducts research into the social, psychological and behavioural aspects of the prevention of cardiovascular disease. Findings are used to develop, implement and evaluate interventions to improve the quality of life of patients, families and communities and to encourage healthy behaviours in order to reduce premature disability and death from cardiovascular disease. Results of clinical studies aim to improve the delivery of health services for cardiac patients and their families. Applied research and the training of practitioners in the field are also important aspects of the Centre's work.

"Preparing for the cardiac blues"

Resources for patients and health professionals to support emotional adjustment after an acute cardiac event.

Cardiac Society of Australia and New Zealand

The Cardiac Society of Australia and New Zealand is the professional society for cardiologists and those working in the area of cardiology including researchers, scientists, cardiovascular nurses, allied health professionals and other healthcare workers. The Society is the chief advocacy group for the profession and aims to facilitate training, professional development and improve medical practice to enhance the quality of care for patients with cardiovascular disease.

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Depression, Anxiety and Coronary Heart Disease Fact Sheet

Published by *beyondblue*, this fact sheet looks at the relationship between coronary heart disease, depression and anxiety providing advice on how to manage these conditions.

Heart Research Institute

For over 20 years, The Heart Research Institute has been one of Australia's leading research organisations working to detect, prevent and treat heart disease. Through its research, the Institute has made significant findings that have changed the way we live with and treat Australia's number one killer.

HeartKids Australia

HeartKids is dedicated to providing support, encouragement and hope to families of children with heart disease, while raising awareness and vital funding into the causes of this chronic condition. While for many families of these children, the future is clouded with uncertainty, their goal is to secure the futures of these very special children.

Journal Articles

Murphy BM, Rogerson M, Worcester MU, Elliott P, Higgins R, Le Grande M, Turner A, Goble A. *Predicting mortality 12 years after an acute cardiac event: comparison between in-hospital and 2-month assessment of depressive symptoms in women.* [J Cardiopulm Rehabil Prev 2013 ;33:160-167](#)

Murphy BM, Elliott P, Higgins R, Le Grande M, Worcester MU, Goble AJ, Tatoulis J. *Anxiety and depression after coronary artery bypass graft surgery: most get better, some get worse.* [Eur J Cardiovasc Prev Rehabil 2008; 15:410-414.](#)

Murphy BM, Elliott PC, Worcester MU, Higgins RO, Le Grande MR, Roberts SM, Goble AJ. *Trajectories and predictors of anxiety and depression in women during the 12 months following an acute cardiac event.* [Br J Health Psych 2008;13: 135-153.](#)

Murphy BM, Ludeman D, Elliott PC, Judd F, Humphreys J, Edington J, Jackson A, Worcester MU. *Red flags for persistent or worsening anxiety and depression after an acute cardiac event: a 6-month longitudinal study in regional and rural Australia.* [Eur J Prev Cardiol 2013 \(in press, accepted 10 May 2013\).](#)