Collaborative mental health care to support adults on the autism spectrum

Websites

- Queensland Centre for Intellectual and Developmental Disability
- Centre for Developmental Disability Health Victoria
- National Autistic Society
- Autism CRC

Journal articles

- Self-regulation and quality of life in high-functioning young adults with autism
  Renee R Dijkhuis, Tim B Ziemans, Sophie Van Rijn, Wouter G Staal, Hanna Swaab,

- The psychophysiological mechanisms of alexithymia in autism spectrum disorder
  Sebastian B Gaigg, Anna SF Cornell, Geoffrey Bird,
• Mindfulness-Based Therapy in Adults with an Autism Spectrum Disorder: Do Treatment Effects Last?  
  Michelle Kiep, Annelies A. Spek, Lisette Hoeben,  

• Transition to work: Perspectives from the autism spectrum  
  Darren Hedley, Ru Cai, , , Mirko Uljarevic, , , Mathilda Wilmot, Jennifer R Spoor, Amanda Richdale, , , Cheryl Dissanayake  
  http://journals.sagepub.com/doi/full/10.1177/1362361316687697

• Employment programmes and interventions targeting adults with autism spectrum disorder: A systematic review of the literature  
  Darren Hedley, Mirko Uljarević, , Lauren Cameron, Santoshi Halder, Amanda Richdale, , , Cheryl Dissanayake  
  http://journals.sagepub.com/doi/full/10.1177/1362361316661855

• Psychiatric Co-occurring Symptoms and Disorders in Young, Middle-Aged, and Older Adults with Autism Spectrum Disorder  

• Adapting Cognitive Behavioral Techniques to Address Anxiety and Depression in Cognitively Able Emerging Adults on the Autism Spectrum  
  Connor Morrow Kerns, Anne M. Roux, James E. Connell, Paul T. Shattuck  

• Real-World Executive Functions in Adults with Autism Spectrum Disorder: Profiles of Impairment and Associations with Adaptive Functioning and Co-morbid Anxiety and Depression  
  Gregory L. Wallace, Lauren Kenworthy, Cara E. Pugliese, Haroon S. Popal, Emily I. White, Emily Brodsky, and Alex Martin  
  https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5111802/

• Autism: Improving access to social care for adults  
  Tish Marrable, Caroline Coomber, Paul D S Ross,  
  https://www.researchgate.net/publication/316976692_Autism_Improving_access_to_social_care_for_adults
• **Modeling the cognitive mechanisms linking autism symptoms and anxiety in adults.**
  Maisel ME, Stephenson KG, South M, Rodgers J, Freeston MH, Gaigg SB.

• **Management of mental ill health in people with autism spectrum disorder**
  Foley, K.R., and Troller, J.

• **Adults with autism: What do we know and what are the implications for psychology?**
  Associate Professor Amanda Richdale

**Clinical guidelines**

• **Monash Health**
  “Understanding behaviour change for people with intellectual disability or autism spectrum disorders”

• **Centre for Developmental Disability Studies**
  “Health Care in People with Intellectual Disability”

**Training course**

• **Master Class: Adults & Older Adolescents – ASD Lvl 1**
  Thursday 12th & Friday 13th October, 2017 in Melbourne