Internet gaming addiction and the effects on mental health

Further reading:


Tools for professionals

- Routine Adolescent Psychosocial Health Assessment – Position Statement. The Royal Australasian College of Physicians. The HEADSS framework for Psychosocial Health Assessment p 5-7
  
Websites & Reading

- Network for Internet Investigation and Research Australia
  https://www.niira.org.au/for-professionals/


- http://prescriptionpixel.com/


Websites for community

- Network for Internet Investigation and Research Australia

- CGI Clinic – Computer gaming and internet awareness for families
  http://cgiclinic.com/

Self-care for health professionals:

- Psychiatrists: Member welfare support line for confidential assistance
  P: 1800 941 002 (AU)
  P: 0800 220 784 (NZ)
  E: support@ranzcp.org
  W: https://www.ranzcp.org/publications/Support-for-members.aspx