

Working collaboratively to support the social and emotional well-being of Aboriginal and Torres Strait Islander youth in crisis

Thursday 23rd February, 2017, 7:15 – 8:30pm AEDT

Webinar panellists

Dr Louis Peachy (Rural Generalist)

Dr Louis Peachey is a Girimay man from the Djiribaligan language group (Rainforest People) of North Queensland. He is a Senior Medical Officer at the Atherton District Hospital where he works as a Rural Generalist. Dr Peachey was the founding President of the Australian Indigenous Doctors Association, and has been directly involved in Health Advocacy for Indigenous Australians for more than a quarter of a century having served on numerous Federal and State health committees and reference groups throughout his career.



Dr Jeff Nelson (Psychologist)

Jeff Nelson is a clinical psychologist working in the North Queensland region in private practice; in boarding schools that cater specifically for Indigenous students; and with men in the correctional services system. Jeff is an Aboriginal man from Cairns and works predominantly with Aboriginal and Torres Strait Islander clients. His focus on working with this cohort has allowed the development, in his opinion, of a range of effective strategies targeting emotional regulation and positive decision making in environments that are sometimes stubbornly resistant to change. A majority of his work in schools involves using assessment to inform systems and family-based intervention with intention to provide Aboriginal and Torres Strait Islander children and young people equitable access to opportunity and to enjoy positive life outcomes.



Dr Marshall Watson (Psychiatrist)

Marshall Watson is an Aboriginal man and descendant of the Noongar people of the South West of WA. He is a child and adolescent forensic psychiatrist in SA. He sits on the Youth Justice Board of WA and the Aboriginal and Torres Strait Islander Mental Health and Suicide Prevention Advisory Group. Professionally his interests include: complex childhood trauma and offending, aggression and violence, juvenile sex offenders and problematic offending behaviours.



Webinar Facilitator

Dr Mary Emeleus (GP and Psychotherapist)

Mary has a mixed psychotherapy/GP role at headspace Cairns, part salaried/part private practice which includes seeing clients for medical, psychological medicine and psychotherapy appointments, and participating in peer supervision, intake and case review activities. She works one day per week in a private general practice, and has recently developed a keen interest in developing and teaching counselling skills courses for GPs and consulting in this field, as well as a small amount of Medical Educator work visiting GP registrars in their teaching practices. In 2016 this role has expanded to include monthly visits to Mt Isa!



Her other professional interests include lifestyle medicine, adolescent mental health, early psychosis intervention, psychological and social approaches to psychosis, and treatment of complex trauma. Her psychotherapy work is eclectic, with low-intensity CBT, EMDR therapy, Psychodynamic, Jungian and Existential influences.

Memberships include Australian Society for Psychological Medicine (<http://www.aspm.org.au/>) (president-elect and principal author of Level 2 FPS training program), RACGP NFSI Psychological Medicine Network, Rural Doctors Association of Australia, and the International Society for Psychological and Social Approaches to Psychosis (ISPS) (www.isps.org.au).