

Suicide ideation in primary school-aged children



Dr Lyn O'Grady

Community Psychologist

Lyn O'Grady is a Community Psychologist with a range of professional experience in the

community, education and health sectors. She has a particular interest in the mental health and wellbeing of children, young people and families. This interest has extended in recent times to understanding suicidality and completed the Master of Suicidology at Griffith University in 2018.

She has worked with parents in parenting programs, individually at the community level and in schools for over 20 years and managed a number of community-based projects. Lyn also worked as a school psychologist in the Western Metropolitan Region of Melbourne. She is also a registered supervisor of Psychology Interns. At a more systemic level, she currently works as the National Project Manager at the Australian Psychological Society.



Dr Andrew Leech

General Practitioner

Dr Andrew Leech completed his fellowship in general practice in 2013 followed closely by the child health diploma a year later. His interests alongside this have always been

paediatrics and he now sees a wide variety of the general run of the mill kids health problems mixed with the more complex chronic health or mental health problems that a child might present with. This has sometimes thrown up challenges but at the same time been hugely rewarding.

Andrew enjoys working with families and community health providers to support children to achieve better health outcomes.

Andrew teaches medical students at both Notre Dame and Curtin Universities. He is involved in the personal and professional development domain which involves debriefing with students on their progress and mentoring them through medical school. He also works with a group called 'doctors for doctors', a subsidiary of the Australian Medical Association which encourages doctors to seek out a health professional of their own.

In 2018, Andrew enjoyed helping the Emerging Minds program, working with like-minded GPs to develop new ways to screen and prevent anxiety in children. He has also been passionate about reducing the fears of children coming into the medical setting by creating the 'teddy hospital' for his GP clinic which has become a very successful program and continues to grow. Finally, Andrew has teamed up with 'Parent TV', a new online resource for parents, who can login to see videos and resources regarding common health and mental health topics.

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Dr Huu Kim Le

Psychiatrist

Dr Huu Kim Le is a child and adolescent psychiatrist based in Adelaide.

Huu Kim consults for a local community mental health team in Southern Adelaide, as part of the Women's and Children's Health Network. He works with children up to the age of 16, from families predominately with a low socioeconomic background. In almost all cases, children present with deliberate self-harm, suicidal ideation or violence.

Kim is interested in the effect of social media on cluster suicides. He also speaks internationally on his special interest topic: gaming disorder, which was recently released by the World Health Organisation in 2018 as a diagnosis.



Ms Ellen Sinclair

Mental Health Nurse

Ms Ellen Sinclair has over 30 years' experience as a registered nurse and for the majority of this time has specialised in mental health.

A former CNC in psychiatric rehabilitation she holds an undergraduate degree in nursing and a Master of Mental Health Nursing from the University of Newcastle.

Her professional activities have included part-time teaching at the University of Newcastle and co-authorship of an article in a peer reviewed journal reporting on new graduate nurses commencing work in mental health services. More recently she has contributed as an author to chapters on family violence and the mental health of young people in

a soon to be released textbook 'Contemporary Psychiatric-Mental Health Nursing: Partnerships in Care' (Pearson, 2018).

Ellen is a member of the Australian College of Mental Health Nurses. Currently she works as a registered nurse in a private psychiatric unit in the Newcastle area and as a Mental Health Practice Nurse, in a General Practice, in the same region.



Facilitator: Mr Daniel Moss

Workforce Development
Manager

Mr Daniel Moss most recently worked as Assistant Director, Performance, Reporting and Evaluation at Department for Child Protection. In this role he worked closely with the Early Intervention Research Directorate to explore the social determinants of child disadvantage and child protection involvement.

Previously, Dan worked for 15 years as a practitioner, supervisor and senior manager in a range of services at Uniting Communities with children, parents and families dealing with the effects of family violence, child sexual abuse, mental health conditions and drug and alcohol use.

As a practitioner, Dan had a strong interest in narrative and strength-based engagement strategies with children, parents and families. Dan has recently submitted his PhD thesis which includes research on approaches to men's behaviour change programs and a creative writing component.