

# WEBINAR PANEL

## Unravelling the Myth: Somatic Symptom Disorder

### Panellist biographies



**Liz Muldoon**  
Psychologist, ACT

Liz has practiced as a registered psychologist since 2009. After taking some time out from study to focus on developing psychology skills, Liz returned to university in 2013 to complete her masters in clinical psychology. She has now completed this degree and is undertaking the final stages of the endorsement program to become a clinical psychologist.

Liz has interests in working with general clinical psychology issues across the age span including working with children, adolescents and their families.

She has experience in treating a wide range of psychological difficulties including anxiety related disorders, post-traumatic stress disorder, sport and performance issues, personality disorders and somatic disorders and has undertaken training in cognitive behavioural therapy, acceptance and commitment therapy and dialectical behaviour therapy.

Liz currently works in private practice at Think Psychology Solutions. Prior to this she worked for the NSW Health Service in community mental health. Liz also works on a casual basis for Charles Sturt University.



**Associate Professor Louise Stone**  
GP, ACT

Louise is a GP and Associate Professor in the academic unit of General Practice at the Australian National University Medical School.

She has a clinical, research, teaching and policy interest in mental health, and has developed and led a number of mental health training programs.

She is a clinical lead in the masters of psychiatric medicine program at NSW Health, and her PhD explored the ways GPs assess and manage medically unexplained symptoms.



**Associate Professor Alex Holmes**  
Psychiatrist, Vic

MBBS, M.Med (psych),  
FRANZCP, PhD

Alex is an Associate Professor in the department of psychiatry at the University of Melbourne and is head of consultation-liaison psychiatry at The Royal Melbourne Hospital.

His research is focussed on the psychiatric sequela of physical illness, including serious physical injury, pain, multiple sclerosis and brain tumours.



**Facilitator: Dr Konrad Kangru**

GP, QLD

Dr Konrad Kangru gained his MBBS from the University of Queensland in 2000, has been in private rural general practice in the Whitsundays region of Queensland since 2005, where he has been a GP supervisor and medical educator since 2009.

He has remained a very active advocate for improving the support of rural doctors, especially through the Rural Doctors Association of Queensland, having convened their 2011 and 2015 conferences.

Dr Kangru has special interests in medical education and diabetes management, particularly in up-skilling colleagues about this important condition.