

Suicide Ideation in primary school-aged children

Reading:

Tishler, C., Staats Reiss, N., et. al, Suicidal Behavior in Children Younger than Twelve: A Diagnostic Challenge for Emergency Department Personnel. *Academic Emergency Medicine*. 2007; 14:810–818. Available at: <https://onlinelibrary.wiley.com/doi/abs/10.1111/j.1553-2712.2007.tb02357.x>

Gordon, M., & Melvin, G. Risk assessment and initial management of suicidal adolescents. (2014). *Australian Family Physician* VOL. 43, NO. 6, June. Available at: <https://www.racgp.org.au/download/Documents/AFP/2014/June/201406Gordon.pdf>

Paton, M.B., Large, M.M. and Ryan, C.J. (2014). Debate: Clinical risk categorisation is valuable in the prevention of suicide and severe violence – No. *Australasian Psychiatry*. Vol 22(1) 10-12. Available at: <http://apy.sagepub.com/content/22/1/10>

Suicide risk and assessment: myth and reality. (2014). *The International Journal of Clinical Practice*. June, 68, 6, 679-681.

Ryan, C.J. & Large, M.M. (2013). Suicide risk assessment: where are we now? A definitive way to identify patients who will suicide remains elusive. *Medical Journal Australia* 198 (9) 462–463. Available at: <https://www.mja.com.au/journal/2013/198/9/suicide-risk-assessment-where-are-we-now>

Lare, M., Kaneson, M., Myles, N., Myles, H., Gunaratne, P., and Ryan, C. (2016) Meta-Analysis of Longitudinal Cohort Studies of suicide risk assessment among psychiatric patients: Heterogeneity in results and lack of improvement over time. *PLoS ONE*. Available at: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0156322>

Large, M.M. & Ryan, C.J. (2014) Suicide risk categorisation of psychiatric inpatients: what it might mean and why it is of no use. *Australasian Psychiatry*. Available at: <http://apy.sagepub.com/content/early/2014/05/28/1039856214537128>

Understanding suicide, suicide attempts and self-harm in primary school aged children. Evidence Summary. *headspace* School Support. Available at: <https://headspace.org.au/assets/download-cards/02-HSP254-Suicide-in-Primary-Schools-Summary-FA-low-res2.pdf>

Charles, J., & Fazelim M. Depression in children. *The Royal Australian College of General Practitioners*. VOL.46, NO.12, December 2017. Available at: <https://www.racgp.org.au/download/Documents/AFP/2017/December/AFP-2017-12-Focus-Depression.pdf>

Risk Assessment:

Balaratnasingam, S. Mental Health Risk Assessment: A Guide for GPs. The Royal Australian College of General Practitioners. VOL.40, NO.6, June 2011. Available at:

<https://www.racgp.org.au/download/documents/AFP/2011/June/201106balaratnasingham.pdf>

Websites:

Black Dog Institute:

<https://www.blackdoginstitute.org.au/clinical-resources/depression/treatment>

Orygen: www.orygen.org.au

Emerging Minds: www.emergingminds.com.au

headspace: <https://headspace.org.au/>

Specific support for school communities in relation to suicide. Available at:

<https://headspace.org.au/schools/headspace-in-schools/>

Be You: <https://beyou.edu.au/>

Particularly the section on Suicide Prevention and response. Available at:

<https://beyou.edu.au/resources/suicide-prevention-and-response>

ReachoutParents:

<https://parents.au.reachout.com/>

Raising Children Network:

<https://raisingchildren.net.au/>

Particularly Suicidal thoughts and suicide attempts-teenagers. Available at:

<https://raisingchildren.net.au/teens/mental-health-physical-health/mental-health-disorders-concerns/suicidal-thoughts>

Helplines for consumers:

Australian Institute of Family Studies has pooled a number of nationwide helplines and telephone counselling services for children, young people and parents. Available at:

<https://tinyurl.com/ybnxuyze>

Kids Helpline: 1800 55 1800

Lifeline: 13 11 14

Suicide Call Back Service:

www.suicidecallbackservice.org.au

Helpline: 1300 659 467

Youth Beyond Blue: 1300 22 4636

www.youthbeyondblue.com

Mental health first aid: www.mhfa.com.au

Online interaction programs:

ReachOut NextStep:

<https://au.reachout.com/#nextstep>

Moodgym: <https://moodgym.com.au/>

Check-in app:

<https://www.beyondblue.org.au/about-us/about-our-work/youthbeyondblue/the-check-in-app>

Brave: <http://www.brave-online.com/>

Child and adolescent mental health services (CAMHS)